

Ephesians 4:7-10 (ESV)

7 But grace was given to each one of us according to the measure of Christ's gift.

8 Therefore it says, “When he ascended on high, He led a host of captives, and He gave gifts to men.”

9 (In saying, “He ascended,” what does it mean but that he had also descended into the lower regions, the earth?)

10 He who descended is the one who also ascended far above all the heavens, that he might fill all things.)

Applications:

We are well advised and equipped to increase God’s Kingdom.

In the Unity of Holy Spirit and God’s grace, we advance the Kingdom of Heaven.