

**Ephesians 4:22-25 (ESV)**

**22** to put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires,

**23** and to be renewed in the spirit of your minds,

**24** and to put on the new self, created after the likeness of God in true righteousness and holiness.

**25** Therefore, having put away falsehood, let each one of you speak the truth with his neighbor, for we are members one of another.

**Applications:**

As we walk in the unity of spirit and faith in Christ, we pray for one another.

Our freedom in Christ allows each of us to be transparent without condemnation.