

“Try A Little Kindness”
By Pastor Bill Hayden
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There are people you may have met that appear to be happy on the surface all the time. The smiles on their faces seem to light up the room, and if you are having a challenging day, you begin to think less of your situation. To look at them, you would never realize that they are under duress because of health, family, or grief due to a major loss.

By observation only, you would never know the pain that has helped shape their lives and given them a reason to look at life differently than the average person. We may meet these individuals on the pickleball courts, in the clubhouse, at the marketplace, or even at a funeral service. If you asked them what their secret is, to look at life with a positive disposition, the answer could be that they are just happy to be alive.

Let's not forget the others who seem to be looking at life constantly through the rearview mirror and seldom looking for reasons to approach life on the upside.

Perhaps you have never met or known anyone who is struggling to get a handle on life's challenges. They stand out wherever they go because the weight of their struggles is written on their faces. If we live on the earth, there will be tremendous challenges we must face.

The cost of kindness is never devalued, like the inventions of our fellow men are, there is always great value in being kind. Kindness is a very spiritual discipline and becomes rarer as the days go by. We are never left without an opportunity to be kind to another person.

Some time ago, I was sitting in the Bistro when a lady seated behind me was struggling to put her arm in her coat while talking to the gentleman that she was with. When I turned around and noticed that she was having trouble, I rose from my chair and went over to help her put her coat on. Shocked and pleasantly surprised, she turned around, smiled, and said, “Thank you!”

You and I can help others see the light at the end of the tunnel by simply taking advantage of opportunities to be kind. After all, the day may come when you need a little kindness from others.

Ephesians 4:32 ESV *Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.*

Celebrate with us and experience the Good Life at the Villages Community Chapel in Cribari Auditorium every Sunday at 10 a.m. to be encouraged over the Word of Life and enjoy coffee and cookies with friends. The chapel is a place for needs to be met, faith to be affirmed, and new friends to embrace. You can view our worship services on YouTube at www.villagescommunitychapel.vgcc.club