"I Can't Make a Commitment"

By Pastor Bill Hayden

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Have you ever realized that you needed to make a change but couldn't find the courage to do what was necessary to make it happen? Well, I think I can speak for all of us and answer... yes!

Sometimes, your doctor says, "You must walk daily." You know he is correct, but excuses seem to overpower your will, especially when you think... "I'm doing just fine." It's interesting, the things you want to do, you will move heaven and earth to make them happen. You will make great sacrifices that may jeopardize your health to accomplish what you want, good or bad.

A person may know what to do, but the more significant challenge lies in doing it. A smoker knows he is slowly killing himself. A gambler knows that every time he goes to the casino, it can cost him more than the money lost. It can cost him the family that he loves, too! The list goes on and on in every area of life.

The one thing we all, or some of us, need is discipline in critical areas of our lives. We want things to remain the same, or change when we are ready for change, but we lack the discipline to champion some of our struggles.

Some time ago, I met a fellow villager who happened to be a singer, or so they told me. They exclaimed that they considered joining the Village Voices and had sung at their previous church. They asked what the time of our worship services was, and I told them it was 10 a.m. I said, "You are welcome to attend, and they replied, "I'm just turning over at that time."

It is always interesting, that when we are interested in doing something... we make the time to do it! Most people want to live life to the fullest, on their terms, while neglecting the discipline of maintaining a healthy lifestyle.

1 Timothy 4:8 ESV "For while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come."

Please celebrate with us and experience the Good Life at the Villages Community Chapel in Cribari Auditorium every Sunday at 10 a.m. to be encouraged over the Word of Life and enjoy coffee and cookies with friends. The chapel is a place for needs to be met, faith to be affirmed, and new friends to embrace. You can view our worship services on YouTube at www.villagescommunitychapel.vgcc.club